

Surveillance on Extended Spectrum β -lactamase and AmpC β -lactamase producing gram negative isolates from nosocomial infections

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Abstract

Background: Extended spectrum beta lactamases (ESBLs) and AmpC beta-lactamases conferring resistance to expanded-spectrum cephalosporins, continue to be a major problem in health care settings. Knowledge of their occurrence is essential to guide the clinicians towards the appropriate anti-microbial treatment. The purpose of this study is to evaluate the incidence of ESBL and AmpC β -lactamases, and to analyse their antibiotic susceptibility in nosocomial gram-negative clinical isolates from a tertiary care hospital.

Material and Methods: A total number of 180 consecutive non repetitive clinical isolates of *Escherichia coli* (n=67), *Klebsiella pneumoniae* (n=9), *P.aeruginosa* (n=23), *Proteus spp.*(n=5), *Citrobacter spp.* (n=3), *Enterobacter spp.*(n=2) and *Acinetobacter spp.*(n=13) obtained over a period of four months (January to April, 2011) , were screened for ESBLs and AmpC production by Kirby Bauer disk diffusion method and suspected isolates were subjected to double disk synergy, combined disk, MIC reduction and AmpC disk tests for confirmation.

Results: 49(27.2%) and 32(17.7%) were found to be ESBL and AmpC producers from 80(44.4%) and 59 (32.7%) screened out isolates respectively. Organism wise distribution of ESBL and AmpC isolates showed *E.coli* (27.5% & 15.9%), *Klebsiella spp* (33.8% & 18.4%), *Proteus spp* (40% & 0), *P.aeruginosa* (26% & 13%) and *Acinetobacter spp* (0 & 46.15%) respectively and they were significantly multidrug resistance too.

Conclusion: The incidence of ESBLs and AmpC was found to be lower in our hospital. Both the double disk synergy and combined disk tests showed equal efficacy in detection of ESBLs. Given the need for a test for AmpC β -lactamases, the AmpC disk test could fill a current gap in diagnostic microbiology as it is reliable, simple and rapid.

Key words: ESBL, AmpC β -lactamases, nosocomial, Eastern India.



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Introduction

The production of a plethora of newer beta-lactamases like extended spectrum beta lactamases (ESBLs), Amp-C enzymes, and carbapenemases by gram negative bacteria is the major defense mechanism against the beta lactam an-

tibiotics [1]. ESBLs, first reported in 1983 from Germany , are plasmid - mediated enzymes capable of hydrolyzing a wide variety of β -lactams, and having no detectable activity against cephamycins and imipenem, but are inhibited by β -lactamase-inhibitors such as clavulanate and tazobactam [2]. They have evolved from mutation in TEM, SHV, CTX-M and

OXA enzymes, which are present mainly in *Enterobacteriaceae* isolates (majority being *Klebsiella pneumoniae*, *Klebsiella oxytoca* and *Escherichia coli*) [3].

AmpC β -lactamases are cephalosporinases conferring resistance to cephalosporins in the oxyimino group, 7- α -methoxycephalosporins and poorly inhibited by clavulanic acid or β -lactamase Inhibitor / β -lactam combinations [4]. They have been reported in *E.coli*, *Klebsiella pneumoniae*, *Salmonella spp*, *Citrobacter freundii*, *Enterobacter aerogenes* and *Proteus mirabilis* [4].

Over the last few years, numerous outbreaks of infections with organisms producing ESBLs and AmpC β -lactamases have been reported with increasing trend from various parts of India and worldwide thereby increasing clinical concern. However, there is a paucity of such data from eastern India. The routine susceptibility tests performed by clinical laboratories fail to detect these strains, which may lead to inappropriate and unsuccessful therapy of the patient and unnecessary use of the drugs accelerating the ongoing problem.

The present study was designed in a tertiary care hospital of eastern India to generate data on the occurrence of ESBL and AmpC producing gram negative bacilli and analyse their antibiotic susceptibility pattern.

Material and Methods

Clinical isolates: A total of 180 consecutive, non-repetitive gram-negative clinical isolates over a period of four months (January to April, 2011) were obtained from clinical specimens of urine, wound, blood, tracheal aspirates, tracheostomy suction catheter, endotracheal tube, endotracheal aspirates, central venous catheter or sputum from the patients with suspected nosocomial infections. Isolation and identification of the causative bacteria were performed using standard methodology [5].

Antibiotic susceptibility testing [6]: The isolates were subjected to antimicrobial susceptibility testing using Kirby-Bauer disk diffusion method following CLSI guidelines, using commercially available 6mm discs (HIMEDIA, Mumbai, India) cefoxitin (30 μ g), cefotaxime (30 μ g), ceftriaxone (30 μ g), ceftazidime (30 μ g), cefipime (30 μ g), cefpodoxime (10 μ g), imipenem (10 μ g), aztreonam (30 μ g), amoxicillin/clavulanate (20/10 μ g), amikacin (30 μ g), piperacillin (100 μ g), ciprofloxacin (5 μ g), gatifloxacin (5 μ g) and cotrimoxazole (1.25/23.75 μ g) on Mueller Hinton agar plate.

Screening for ESBLs and AmpC β -lactamases: According to CLSI guidelines (2007), those with a zone inhibition of ≤ 27 mm with cefotaxime, ≤ 25 mm with ceftriaxone, ≤ 22 mm with ceftazidime, ≤ 17 mm with cefpodoxime or ≤ 27 mm with aztreonam were considered potential ESBL producers and further proceeded for confirmation.

Isolates showing resistance or reduced sensitivity to cefoxitin, cefotaxime, ceftriaxone, ceftazidime, cefpodoxime or aztreonam and sensitive to cefepime were considered as a screen positive AmpC producer and subjected to AmpC disk test.

Detection of ESBLs and AmpC β -lactamases

- 1. Double disk synergy test [7]:** A 0.5 McFarland of test isolate was swabbed on Mueller-Hinton agar plate and 30 μ g antibiotic disks of ceftazidime or ceftriaxone or cefotaxime were placed on the plate, 20 mm (center to center) from the amoxicillin/clavulanate (20 μ g/10 μ g) disk and incubated at 35°C for 18-24 hours. A clear extension of the edge of ceftazidime or ceftriaxone or cefotaxime inhibition zone toward the disk containing clavulanate is interpreted as synergy, indicating the presence of an ESBL. [Figure-1]
- 2. Combined disk test (Phenotypic confirmatory test) [6]:** A disk of cefotaxime/ceftazidime (30 μ g) alone and a disk of ceftazidime + clavulanic acid (30 μ g/10 μ g)/ cefotaxime + clavulanic acid (30 μ g/10 μ g) were placed independently, 30mm apart, on a lawn culture of 0.5 McFarland opacity of the test isolate on Mueller Hinton Agar (MHA) plate and incubated for 18-24 hours at 35°C. An increase of ≥ 5 mm zone of inhibition diameter around the ceftazidime/clavulanic acid and cefotaxime/clavulanic acid in comparison to ceftazidime and cefotaxime alone respectively confirmed ESBL production. [Figure-2]
- 3. Minimal Inhibitory Concentration (MIC) Reduction test (Agar dilution method) [6]:** MIC reduction test was done to all screening positive ESBL isolates. The ranges of concentration of antimicrobials tested were as follows: cefotaxime and ceftazidime: 1 μ g/ml to 128 μ g/ml cefotaxime-clavulanic acid and ceftazidime-clavulanic acid: 0.25/4 μ g/ml to 128/4 μ g/ml. A ≥ 3 twofold reduction in MIC of these strains when tested in combination of cefotaxime -clavulanic acid or ceftazidime-clavulanic acid as compared to MIC for cefotaxime or ceftazidime alone, confirmed that the strains were ESBL producer.
- 4. AmpC disk test [8]:** Sterile disk (6 mm) moistened with sterile saline (20 μ l) and inoculated with several colonies of test organism was placed beside a cefoxitin disk (almost touching) on the MHA plate lawned with a culture of



Figure 1. Double disk synergy test [Amoxyclav(L) with ceftazidime(R)].

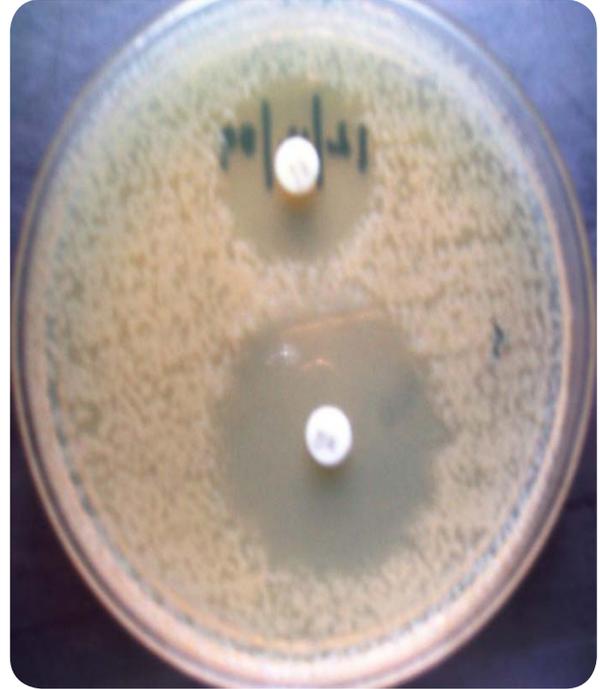


Figure 2. Positive Combined disk test[Ceftazidime (upper) & Ceftazidime /clavulanic acid (Lower)].



Figure 3. AmpC disk test showing indentation.



Figure 4. AmpC disk test showing flattening.

E. coli ATCC 25922 and incubated overnight at 35°C. A positive test appeared as a flattening or indentation of the cefoxitin inhibition zone in the vicinity of the test disk [9]. A negative test had an undistorted zone. [Figure 3 & 4]

Quality control: Every batch of media prepared was checked for sterility for 24 hours. CLSI reference strains of ESBL positive *K.pneumoniae* ATCC 700603 and ESBL negative *E.coli* ATCC 25922 were included in the study.

Statistical Analysis [10]: Significance between the resistance level of various drugs in ESBL and non-ESBL, AmpC and non-AmpC isolates was performed using the Proportion test(Z).

$$Z(\text{obs}) = \frac{p_1 - p_2}{\sqrt{pq (1/n_1 + 1/n_2)}}$$

where p_1 = Proportion of ESBL or AmpC isolates showing resistance to individual antimicrobial

p_2 = Proportion of non-ESBL or non-AmpC isolates showing resistance to individual antimicrobial

n_1 = No. of ESBL or AmpC isolates

n_2 = No. of non-ESBL or non-AmpC isolates

$p = n_1 p_1 + n_2 p_2 / n_1 + n_2$

$q = 1 - p$.

obs= observed value of Z.

At 5% level, tabulated or expected value of Z for both sided test is 1.96. So, if the observed value of Z is more than the tabulated value then it is said to be significant at 5% level and the *P value* is < 0.05.

Results

Of the 180 non-repetitive gram-negative isolates that were included in the study, the isolated gram-negative organisms were *E.coli* (n=69), *Klebsiella spp.*(n=65), *P.aeruginosa* (n=23), *Proteus spp.*(n=5), *Citrobacter spp.* (n=3), *Enterobacter spp.* (n=2) and *Acinetobacter spp.*(n=13). The number of potential ESBL and AmpC β -lactamase producers detected by the screening test were 80 and 59 respectively.

Detection of ESBLs

ESBL production was observed in 49(27.2%) isolates by double disk synergy, combined disk tests and MIC reduction test from 80 screening positive isolates, and amongst these 27.5%, 33.8%, 26% and 40% isolates were *E.coli*, *Klebsiella spp.*, *P.aeruginosa* and *Proteus spp* respectively.[Table-1]

Detection of AmpC β -lactamases

AmpC disk test detected AmpC enzymes in 32(17.7%) isolates with the highest incidence in *Acinetobacter spp* (46.1%) followed by *Klebsiella spp* (18.4%), *E.coli* (15.9%)

Table 1. Detection of ESBLs, AmpC β -lactamase & ESBL+AmpC.

Microorganisms (n=No.of isolates)	Screening +ve ESBL (%)	AmpC Screening +ve (%)	ESBL +ve by DDST, CDT&MIC(%)	AmpC disk test			ESBL+AmpC No. (%)
				Indentation (%)	Flattening (%)	No Distortion (%)	
<i>E.coli</i> (n=69)	30(43.5)	21(30.4)	19(27.5)	8(11.5)	3(4.3)	10(14.4)	5(7.2)
<i>Klebsiella</i> (n=65)	33(50.7)	23(35.3)	22(33.8)	9(13.8)	3(4.6)	11(16.9)	4(6)
<i>P.aeruginosa</i> (n=23)	14(60.8)	6(26)	6(26)	2(8.6)	1(4.3)	3(13)	0
<i>Proteus spp.</i> (n=5)	3(60)	0	2(40)	0	0	0	0
<i>Citrobacter spp.</i> (n=3)	0	0	0	0	0	0	0
<i>Enterobacter spp.</i> (n=2)	0	0	0	0	0	0	0
<i>Acinetobacter spp.</i> (n=13)	0	9(69.2)	0	4(30.7)	2(15.3)	3(23)	0
Total(n=180)	80	59	49(27.2)	23(12.7)	9(5)	27(15)	9(5)

DDST-Double disk synergy test. CDT-Combined disk test.

Table 2. Resistant Pattern of ESBL(n =37) and non-ESBL isolates (n =143).

Antimicrobials	ESBL isolates	Non-ESBL isolates	P value
Cefoxitin	12	45	>0.05
Cefotaxime	35	39	< 0.05
Ceftriaxone	34	42	< 0.05
Ceftazidime	35	38	< 0.05
Cefpodoxime	34	40	< 0.05
Cefepime	36	3	< 0.05
Aztreonam	35	44	< 0.05
Imipenem	0	0	*
Amoxicillin-Clavulanate	15	40	>0.05
Piperacillin	34	45	< 0.05
Amikacin	10	25	<0.05
Ciprofloxacin	30	42	< 0.05
Gatifloxacin	27	36	< 0.05
Cotrimoxazole	36	69	< 0.05

Table 3. Resistant Pattern of AmpC (n =32) and non-AmpC isolates(n =148).

Antimicrobials	AmpC isolates	Non-AmpC isolates	P value
Cefoxitin	31	51	<0.05
Cefotaxime	31	44	<0.05
Ceftriaxone	32	47	<0.05
Ceftazidime	30	45	<0.05
Cefepime	9	40	>0.05
Aztreonam	31	52	<0.05
Imipenem	0	0	*
Amoxicillin-Clavulanate	32	30	<0.05
Piperacillin	32	53	<0.05
Amikacin	17	22	<0.05
Ciprofloxacin	29	46	<0.05
Gatifloxacin	25	41	<0.05
Cotrimoxazole	32	72	<0.05

* Comparison could not be made as the percentage of resistance to imipenem for both the ESBL and non-ESBL, AmpC and non-AmpC isolates is 0 and hence, P value could not be determined.

and *P.aeruginosa* (13%). Indentation indicating strong AmpC producer was observed in 23 isolates whereas flattening (weak AmpC) in 9 isolates [9]. [Table-1].

Detection of ESBLs in presence of AmpC β -lactamases

This study demonstrated the co-existence phenotype of both ESBLs and AmpC in 9(5%) isolates of which 5(7.2%) and 4(6%) isolates were *E.coli* and *Klebsiella spp* respectively. [Table-1]

The comparison of anti-microbials resistance for ESBL and non-ESBL, AmpC and non-AmpC isolates producing strains is shown in [Table-2 & 3].

Discussion

The incidence of ESBLs (27.2%) in the present was lower in comparison to reports from different parts of the country (28% to 84%) [11-13]. This might be due to judicious usage of extended spectrum cephalosporins and adopting appropriate infection-control measures in our hospital.

The occurrence of AmpC β -lactamases (17.7%) in this study was higher than that of Singhal S *et al* (8%) and Hemalatha V *et al* (9.2%) but was lower than the various documented figures in India [9,14-17].

The co-existence of ESBL and AmpC found in 7.2% *E.coli* and 6.1% of *Klebsiella spp*. could be due to dissemination of plasmid encoding both AmpC and ESBL enzymes among *Enterobacteriaceae* and thus might give false negative tests for the detection of ESBLs. In such situations, it is desirable to develop an ESBL detection test that includes a substrate displaying a higher degree of resistance to AmpC enzymes like cefepime. Singhal S *et al* observed the co-existence phenomenon in two (1%) isolates (one each of *Klebsiella spp*. and *E. coli*) and Sinha P *et al* in 8% of the isolates [9,16].

We observed that the MIC of cefotaxime and ceftazidime against the ESBL producers ranged between 32 and $\geq 128\mu\text{g/ml}$ and in presence of beta lactam inhibitors (clavulanic acid), the MIC of most ESBL isolates ranged between 2 and $32\mu\text{g/ml}$ showing ≥ 3 twofold reduction.

Among the third generation cephalosporins, resistance to ceftazidime and cefotaxime by the ESBL producers was 94.59%, and hence Ceftazidime and cefotaxime were equally effective in detecting ESBL producers. Cormican MG *et al* showed maximum ESBL detection by ceftazidime [18]. Other workers

have reported maximum ESBL detection by ceftriaxone followed by cefotaxime and ceftazidime [19].

Double disk synergy test (DDST) showed 100% concordance with combined disk test for ESBL detection. Tsering DC *et al* revealed similar report [20]. Datta P *et al*, Thomson *et al* and Vercauteren E *et al* found 96%, 79% and 93% sensitivity rate for the DDST respectively [21-23].

This study reflected that multidrug resistance was significantly ($P < 0.05$) higher in ESBL and AmpC β -lactamase producers than non-ESBL and non- AmpC producers. Resistance to ceftazidime (32.4%), 3rd (93.24%) and 4th (97.29%) generation cephalosporins, and aztreonam (94.59%) were observed in most of the ESBL producers, whereas resistance to ceftazidime (96.87%), 3rd (97.65%) and 4th (28.12%) generation cephalosporins, and aztreonam (96.87%) were shown by AmpC isolates. Interestingly, ESBL and AmpC producers also showed concurrent resistant to amikacin (27.02% and 53.12%), ciprofloxacin (81.08% and 90.62%), gatifloxacin (72.97% and 78.12%) and cotrimoxazole (97.29% and 100%) respectively. Similar finding was reported by Manchanda V *et al*, Datta P *et al* and Jain A *et al* [15,21,24]. However, all the ESBL and AmpC producing isolates were sensitive to Imipenem, thereby reiterating the continued efficacy of carbapenems as the first line agents for treatment of nosocomial infections caused by *Enterobacteriaceae* producing ESBL and AmpC beta lactamases. Similar data has been published in the MYSTIC Program in Europe and the US (1997-2004) and other studies which claim that worldwide 99.9% of ESBL and AmpC β -lactamases producing *Enterobacteriaceae* remain susceptible to carbapenems [25].

To conclude, 27.2% and 17.7% of ESBL and AmpC producers were detected respectively in our hospital. Double disk synergy and combined disk tests were equally effective for ESBL detection. AmpC disk test is simple, easy to perform and interpret requiring less expertise for the rapid detection of AmpC isolates. Adoption of this test would make it possible to learn more about the clinical implications of AmpC β -lactamases and to contain the spread of organisms possessing this resistance mechanism. The limitation of this study was that advance molecular methods could not be accessed due to lack of infrastructure.

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