

DOI: 10.4172/1989-8436.100057

Antimicrobial Behavior of Zinc Oxide Nanoparticles and β -Lactam Antibiotics against Pathogenic Bacteria

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Abstract

Background: Multi-drug resistance among the pathogenic bacteria poses a serious threat to public health. Nanoparticles are one of the most effective therapeutic agents. Zinc oxide nanoparticles (ZnO NPs) are well known antimicrobial agents and are regarded as nontoxic and bio-safe. The present study aims to investigate the antimicrobial effect of ZnO NPs against the bacterial strains i.e. *Klebsiella pneumoniae* (*K. pneumoniae*) and *Escherichia coli* (*E.coli*).

Methodology: The antibacterial activity was performed by Kirby's Disc diffusion assay using different concentrations (0.2, 0.4, 0.6, 0.8 and 1.0) mg/ml of ZnO NPs with and without β lactam antibiotics (Ciprofloxacin and Imipenem). The Minimum inhibitory concentration (MIC) was evaluated through the standard agar dilution method. Antioxidant potential of ZnO NPs was analyzed through $\alpha\alpha$ -diphenyl- β -picrylhydrazyl (DPPH) radical scavenging activity while the Cytotoxicity of ZnO NPs was evaluated through Brine shrimp lethality assay.

Results: The results revealed that the highest zone of inhibition was more in *K. pneumoniae* i.e. 27.2 mm as compared to *E.coli* i.e. 13.2 mm. The MIC value for *K. pneumoniae* and *E.coli* was 0.05 mg/ml and 0.08 mg/ml respectively. Antioxidant potential of ZnO NPs increases as the concentration of NPs was increased. However, the cytotoxicity analysis showed the non-toxic effect of ZnO NPs.

Conclusion: The results indicated that ZnO NPs possess strong antimicrobial activity and can enhance the antimicrobial activity of some beta-lactam antibiotics. The present study can be helpful to formulate nano-drug conjugates as antimicrobial agents in various fields of medical and pharmaceutical research.

Keywords: Zinc oxide nanoparticles; Antibacterial; Antibiotics; Antioxidant

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Citation: Farzana R, Iqra P, Shafaq F, Sumaira S, Zakia K, et al. (2017) Antimicrobial Behavior of Zinc Oxide Nanoparticles and β -Lactam Antibiotics against Pathogenic Bacteria. Arch Clin Microbiol. Vol. 8 No. 4:57

Received: August 01, 2017; **Accepted:** August 05, 2017; **Published:** August 12, 2017

Introduction

Infectious diseases, whether they are intracellular or extracellular, have always been a global problem to public health, causing millions of deaths each year. The discovery of miracle drugs, called antibiotics in the 20th century resulted in sudden reduction of mortality rate and illness [1]. Currently, over 70% of bacterial nosocomial infections in the United States are resistant to one or more of the antibiotics use for the treatment [2]. Resistances in these organisms are mainly caused by enzymes called β -lactamases (beta lactamases) which open β -lactam ring of penicillin's and cephalosporin's thereby destroying their

antibacterial properties. Plasmid encoded β -lactamases which are capable of hydrolyzing broader spectrum of β -lactam antibiotics than simple parent β -lactamases are known as extended spectrum β -lactamases, they can inactivate β -lactam antibiotics containing oxyimino group, such as oxyimino-cephalosporins like Cefotaxime etc and oxyimino-monobactams like Aztreonam [3,4].

There are number of physical methods that can eliminate or kill bacteria and other microorganisms from every environment like steam, dry heat or radiation and many chemical methods. But these methods are time and energy consuming and can cause many side effects too [5]. By the chemical modification of existing drugs and discovery of new antibiotics, bacterial

resistance to antibiotics can be resolved. There is an acute need for more effective and long term solutions to this problem [6]. With the increase in health awareness, many people focused on educating and protecting themselves against harmful pathogens. Nanotechnology has arisen over the past decades. Inorganic materials like metal and metal oxides have ability to withstand harsh processes conditions [7,8]. Nanoparticles have emerged as novel antimicrobial agents owing to their effectiveness in small doses, minimal toxicity and lack of side effects [9]. ZnO NPs are one of the multifunctional inorganic nanoparticles that have many features like chemical and physical stability, effective antibacterial activity as well as intensive ultraviolet and infrared adsorption with broad range of applications [10,11]. ZnO NPs are known to have strong inhibitory and antibacterial effects [12]. Bactericidal activity of such nanoparticles depends upon: 1) Size, 2) Stability and 3) Concentration in the growth medium [13]. The antimicrobial mechanism of ZnO NPs illustrated the direct contact of ZnO-NPs with cell walls, results in destruction of bacterial cell integrity with the liberation of antimicrobial ions mainly Zn^{+2} ions. Several mechanisms of antibacterial activity of ZnO NPs have been proposed including: (i) the induction of reactive oxygen species including hydrogen peroxide (H_2O_2), (ii) the damage on cell membrane and interaction of intracellular contents with ZnO NPs. In general, bacterial cellular membranes have pores in nanometer so ZnO NPs have a unique ability of crossing the cell membrane through these pores [14].

Therefore the present study aims to investigate the cytotoxicity, antioxidant and antimicrobial effect of ZnO NPs with β -lactam antibiotics against pathogenic bacteria.

Materials and Methods

Bacterial strains and chemicals

Total twenty bacterial strains from the clinical isolates were collected from the Post Graduate Medical

Institute (PGMI). All Bacterial strains were identified on the basis of biochemical identification and differentiation tests. Out of which, 2 beta lactamases producing strains were selected i.e. *Escherichia coli* and *Klebsiella pneumoniae*. They were Imipenem sensitive and Ciprofloxacin resistant.

The ZnO NPs purchased from U.S Research Nanomaterials, Inc. were dissolved in autoclaved distilled water. All the concentrations were vigorously vortexed before performing the experiment.

Antibacterial susceptibility assay

Kirby's disc diffusion assay was used to analyze the antimicrobial activity of ZnO NPs against *K. pneumoniae* and *E. coli*. A single colony of tested strain was grown overnight in nutrient broth medium on rotatory shaker at (200 rpm) at 37°C. The freshly prepared culture, 700 μ l of water and 200 μ l of culture was taken through a micropipette and dissolved. This diluted culture was swabbed on solidified Muller Hinton agar plates. Sterile filter

paper disks of Whatmann filter, 5mm in diameter were used for disc diffusion assay. These blank discs impregnated with (0.2, 0.4, 0.6, 0.8 and 1) mg/ml concentrations of ZnO NPs were diffused. Standard discs of Imipenem (IPM) (10 μ g/ disc) and Ciprofloxacin (CIP) (5 μ g) were used as a positive while a blank disc (impregnated with water) was used as a negative control, respectively.

Determination of minimum inhibitory concentration

MIC is lowest concentration that prevents the visible growth of bacteria. Standard agar dilution method was used for estimation of MIC. The optical density (O.D) of bacterial suspension was maintained at 0.8-1. Bacterial suspension having 10^5 colony forming unit (CFU) ml^{-1} was added to each Muller Hinton agar plate containing different concentration of ZnO NPs and the growth of the bacteria was evaluated after 24 hrs incubation at 37°C.

Evaluation of synergistic antibacterial activity

β -lactam antibiotics i.e. IPM and CIP were selected in the present study. Both these antibiotics were dipped in different concentrations of ZnO NPs. After discs were diffused, plates were kept in incubator at 37°C for 18-24 hours. The zones of inhibition thus formed were measured in millimeters. The maximum values were recorded. All tests were performed in triplicates.

Antioxidant activity and cytotoxicity of ZnO nanoparticles

Free radical scavenging activity was evaluated using L- ascorbic acid as standard antioxidant. The radical scavenging activity was measured using stable radical, DPPH according to method described by Chan et al. [10] with some modified cations [15]. All readings were compared with standard ascorbic acid (55 ± 0.001). Tests were carried out in triplicates.

Brine shrimp lethality assay was used to analyze the cytotoxicity of ZnO NPs by following the protocol of Bibi et al. [16].

Results

Antibacterial activity of ZnO nanoparticles

ZnO NPs were able to inhibit the bacterial growth at all given concentrations and creating the maximum zone of inhibition at 1 mg/ml concentration i.e. 27.2 mm in *K. pneumoniae* (#1) and 13.2 mm in *E. coli* (#1). The comparison between these two strains is shown in **Figure 1 and 2**. The minimum inhibitory zones formed at 0.2 mg/ml concentration in *K. pneumoniae* (#1) and *E. coli* (#1) strains were measured as 19 mm and 8 mm respectively, as shown in **Table 1**.

Determination of minimum inhibitory concentration

The MIC value of ZnO NPs that inhibit the growth of bacteria was evaluated to be 0.05 mg/ml for *K. pneumoniae* and 0.08 mg/ml for *E. coli*.

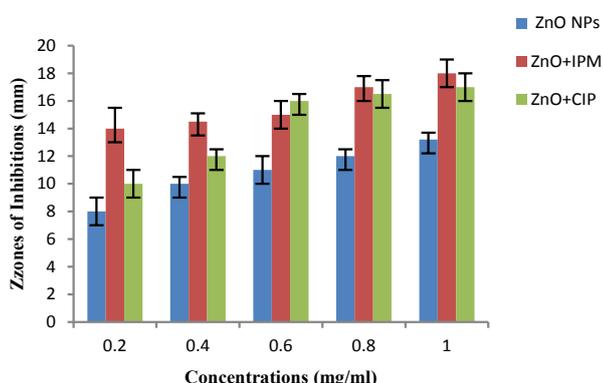


Figure 1 Zones of Inhibition formed at various concentrations of ZnO in *E. coli* 1.

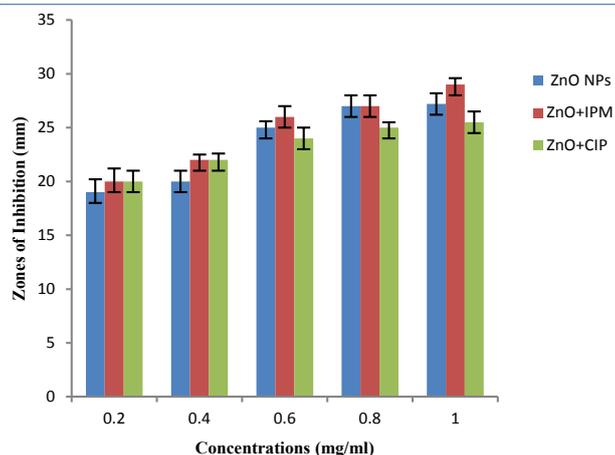


Figure 2 Zones of Inhibition formed at various concentration of ZnO in *K. pneumoniae* 1.

Table 1 Zone of Inhibition in (mm) of free ZnO nanoparticles against tested bacterial strains.

Sr No.	Tested bacterium	Zone of inhibition (mm)				
		0.2 mg/ml	0.4 mg/ml	0.6 mg/ml	0.8 mg/ml	1 mg/ml
1.	<i>E. coli</i> 1	8 ± 1	10 ± 0.5	11 ± 1	12 ± 0.5	13.2 ± 0.5
	<i>E. coli</i> 2	4 ± 0.6	5.5 ± 2	7 ± 0.5	10 ± 2	11 ± 1
	<i>E. coli</i> 3	R	R	R	R	R
2.	<i>K. pneumoniae</i> 1	19 ± 1.2	20 ± 1	25 ± 0.6	27 ± 1	27.2 ± 1
	<i>K. pneumoniae</i> 2	18 ± 1.2	19 ± 1	23 ± 0.6	24 ± 1	24.5 ± 2
	<i>K. pneumoniae</i> 3	7 ± 1	10 ± 0.6	15 ± 0.6	16 ± 1	16.3 ± 2

*All values are given as Mean ± S.D

*R = resistant

Evaluation of synergistic antibacterial activity

Combined effect of ZnO NPs with β lactam antibiotics i.e. CIP and IPM is shown in the **Figures 3 and 4**. The zones of inhibition formed are indicated in **Table 2**.

Antioxidant and cytotoxicity of ZnO

The results showed the effective free radical percentage as 50% at 1 mg/ml concentration. Brine shrimp lethality test was used to determine the cytotoxicity of ZnO NPs. The average mortality percentage of dead larvae was evaluated to be 0%, indicating the non-toxic effect of ZnO NPs.

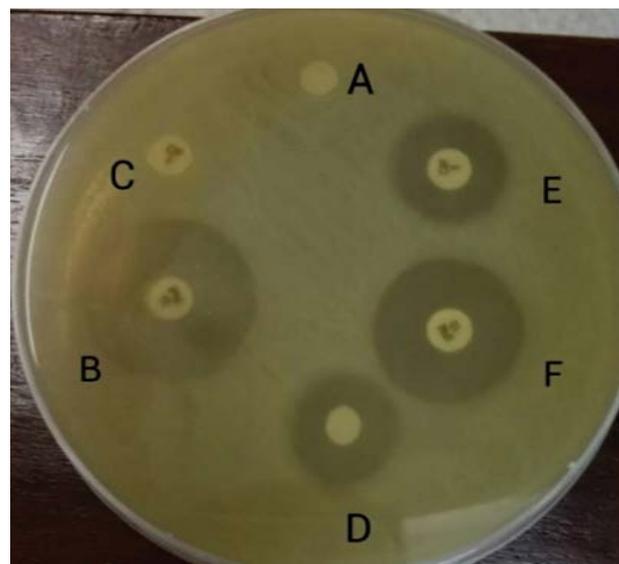
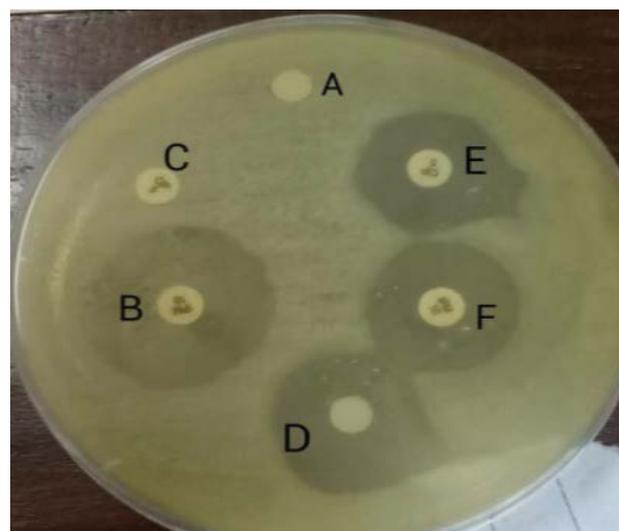


Figure 3 Antimicrobial activity of ZnO NPs against *E. coli* at 1 mg/ml concentration.



A Negative Control (distilled water); Positive Control; **B** (Imipenem) and **C** (Ciprofloxacin); **D** ZnO NPs; **E** ZnO + Ciprofloxacin; **F** ZnO + Imipenem.

Figure 4 Antimicrobial activity of ZnO NPs against *K. pneumoniae* at 1 mg/ml Concentration.

Table 2 Zone of Inhibition in (mm) of ZnO Nanoparticles with Ciprofloxacin and Imipenem.

Srno	Treated bacterium	Treatment	Zone of Inhibition (mm)					
			Antibiotics (alone)	Antibiotic+ NPs				
				0.2 mg/ml	0.4 mg/ml	0.6 mg/ml	0.8 mg/ml	1 mg/ml
1.	<i>E. coli</i> 1	Imipenem	19	14 ± 1.5	14.5 ± 0.6	15 ± 1	17 ± 0.8	18 ± 1
		Ciprofloxacin	R	10 ± 1	12 ± 0.5	16 ± 0.5	16.5 ± 1	17 ± 1
	<i>E. coli</i> 2	Imipenem	20	13 ± 0.5	14 ± 1	15 ± 0.6	15.2 ± 1	16 ± 1.5
		Ciprofloxacin	R	2 ± 1	2.5 ± 1	3 ± 1	3.8 ± 1	4 ± 0.6
	<i>E. coli</i> 3	Imipenem	R	R	R	R	R	R
		Ciprofloxacin	R	R	R	R	R	R
2.	<i>K. pneumoniae</i> 1	Imipenem	25	20 ± 1.2	22 ± 0.5	26 ± 1	27 ± 1	29 ± 0.6
		Ciprofloxacin	R	19.5 ± 1	23 ± 0.6	24 ± 1	25 ± 0.5	25.5 ± 1
	<i>K. pneumoniae</i> 2	Imipenem	29	21 ± 1	23 ± 2	24 ± 1	25 ± 2	26 ± 0.5
		Ciprofloxacin	R	10 ± 2	12 ± 0.6	14 ± 2	15 ± 1	17 ± 1.5
	<i>K. pneumoniae</i> 3	Imipenem	25	13 ± 0.6	15 ± 2	16 ± 0.12	17 ± 1.2	20 ± 1.5
		Ciprofloxacin	R	6 ± 1.2	6.3 ± 0.1	9 ± 0.5	11 ± 1	13 ± 1.5

*All values are given as Mean ± S.D

Discussion

Our findings revealed that antibacterial activity of ZnO NPs increases as the concentration of NPs increases and maximum inhibitory zone is obtained at 1 mg/ml concentration of ZnO NPs for both strains i.e. *K. pneumoniae* and *E. coli*. Thangham et al. [16] reported the same results where maximum zone of inhibition was formed at highest concentration of ZnO NPs [17]. The MIC values evaluated for *K. pneumoniae* and *E. coli* were 0.05 and 0.08 mg/ml respectively. Bhande et al. [18] in his study revealed the same results where MIC values for both *E. coli* and *K. pneumoniae* were recorded as 0.08 mg/ml and 0.06 mg/ml [18]. All strains were resistant towards CIP but the combined effect of CIP with ZnO NPs showed greater microbial inhibition. The highest zone of inhibition formed by combined effect of CIP with ZnO NPs in strain *K. pneumoniae* (#1) was 25.5 mm which is greater than inhibitory zone of *E. coli* (#1) i.e. 17 mm. A remarkable increase in inhibition zone of *E. coli* (#1) was observed where the zone of inhibition formed by the combined effect of ZnO NPs and CIP was 17 mm, even more than the zone of inhibition of ZnO NPs alone i.e. 13.2 mm. Iram et al. [15] investigated the effect of ZnO NPs with different antibiotics against *Vancomycin resistant Enterococci* and observed that combination of ZnO-CIP showed greater microbial inhibition than the ZnO NPs and CIP alone [19]. The combined effect of ZnO NPs with IPM showed significant decrease in efficiency of antimicrobial behavior of IPM. Similar results were obtained when Nazari et al. [19] analyzed the effect of gold nanoparticles (Au NPs) in combination with fourteen different β -lactam antibiotics against *E. coli*, *Pseudomonas aeruginosa* and *Staphylococcus aureus*. The results showed that Au NPs did not enhance the antibacterial effect of antibiotics at

tested concentration [20]. The enhanced antimicrobial behavior of IPM with ZnO NPs was observed in *K. pneumoniae* (#1). At the maximum concentration of 1 mg/ml, inhibitory zone formed by the combined effect was of 29 mm that is greater than the inhibitory zone of IPM alone i.e. 27 mm. A similar study by Iram et al. [19] tends to support our results, where ZnO NPs showed greater antimicrobial activity with IPM [19]. One of the bacterial isolate *E. coli* (#3) developed resistance against ZnO NPs and its combined effect with antibiotics. Joshi et al. [11] reported the same result where *E. coli* developed resistance against Silver nanoparticles (Ag NPs) due to the overproduction of extracellular polymeric substances (EPS), colanic acid that protected the bacteria against Ag-NPs [21]. Results revealed that the antioxidant activity increases by increasing the concentration of nanoparticles. Azizi et al. [20] reported the same result where the scavenging of DPPH radicals was found to be increasing as the concentration of ZnO NPs increases [22]. The cytotoxicity of ZnO NPs against brine shrimp larvae indicated the non-toxic effect of ZnO NPs. A similar study by Ates et al. [19] revealed that ZnO NPs suspension possesses less toxicity [23].

Conclusion

The present study would suggest the possible utilization of ZnO NPs incorporated antibiotics to prevent the fatal diseases caused by pathogenic bacteria. Taken together, this compound as a highly safe and non toxic may be considered for combination therapies against pathogenic bacteria due to its potential antimicrobial effect with important antibiotics. Further study will helpful to formulate nano-drug conjugate as an anti-microbial agent in a large scale level through standardized regulatory conditions.

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